## SPPS needs your help in controlling the spread of COVID-19.

**Symptoms of COVID-19 include:** fever greater than or equal to 100.4° F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell OR at least 2 of the following: sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

## Answer the following four questions:

- 1. Have you recently tested positive for COVID-19?
- 2. Do you have any of the **COVID-19** symptoms listed above?
- 3. Do you live with someone who is being tested for **COVID-19** or showing symptoms of **COVID-19**?
- 4. Did you have <u>close contact</u> (within 6 feet for more than 15 minutes) with someone who recently tested positive for **COVID-19**?

## If you answered YES to any of the above:

• Do not come onsite in an SPPS facility

## If you answered NO to the above questions, the following is expected when you are onsite:

- <u>Wear a cloth face covering</u> over your mouth and nose and practice the following guidelines:
  - Wash your hands thoroughly before putting on the mask
  - Be careful not to touch your eyes, nose, and mouth while wearing cloth face coverings
  - Remove the cloth face covering carefully and wash your hands thoroughly after removing
  - Take the cloth face covering home and wash it every day
- Maintain social distancing of 6 feet or more
- Wash hands upon arrival with soap and water or use hand sanitizer when soap and water are not available
- If you become sick, please exit the space immediately to prevent spread of illness